

The Abingdon Kindness Challenge



February 9 - February 13, 2026

February 9 to February 13, we will learn about, explore, and continue to practice kindness. Promoting kindness promotes self-confidence, optimism, leadership, and increased happiness!

2/9 <u>Monday</u>		<u><i>Kick off Kindness Week!</i></u> Wear mix and match socks, shoes, or other clothing to show that our differences make us special.
2/10 <u>Tuesday</u>		<u><i>Team Up for Kindness!</i></u> Wear a team jersey or other gear to show we are all on the same team.
2/11 <u>Wednesday</u>		<u><i>Culture Colors Day!</i></u> Celebrate the Olympic Spirit as we honor our community's diversity and the kindness and respect we show to each other.
2/12 <u>Thursday</u>		<u><i>Cozy Kindness Day!</i></u> Wear cozy clothes, pajamas or comfy wear- kindness helps everyone feel safe, comfortable, and supported here at Abingdon.
2/13 <u>Friday</u>		<u><i>Abingdon Loves Kindness!</i></u> Wear your Abingdon gear OR anything red, white, or pink.